

BRITISH VETS 2014

DATE

Saturday 1st November

VENUE

Lilleshall National Sports Centre, Newport, Shropshire, TF10 9NB

COST

£30 per person per discipline, £20 per person per additional discipline, £30 per team

CLOSING DATE FOR ENTRIES: 12 NOON, 26TH SEPTEMBER

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Introduction

British Vets is open to anyone aged 18 and over regardless of experience or ability, with the opportunity to socialise and compete.

The event creates a fun and relaxed atmosphere where competitors can meet like-minded people whilst showcasing their gymnastics skills to one another.

Competition Categories

Discipline	Artistic		Trampoline		Tumbling		Acrobatic		
Level	Men	Women	Men	Women	Men	Women	Pairs	Women's Group	Men's Group
Novice	0ver 18	Over 18	Over 18	Over 18	Combined age group	Combined age group	Single competition	Single competition	Single competition
	Over 30	Over 30	Over 30	Over 30			with one balance and one dynamic	with one balance and one dynamic	with one balance and one dynamic
	Over 40	Over 40	Over 40	Over 40			routine	routine	routine
	Over 50	Over 50	Over 50	Over 50					
	Over 60	Over 60	Over 60	Over 60					
Intermediate		Over 18							
		Over 30 (no upper age limit)							
Pro	Over 18	Over 18	0ver 18	Over 18	Combined age group	Combined age group			
	Over 30	Over 30	Over 30	Over 30					
	Over 40	Over 40	Over 40	Over 40					
	Over 50	Over 50	Over 50	Over 50					
	Over 60	Over 60	Over 60	Over 60					
Teams	Min. 3 gymnasts, no max. Mixed abilities and ages.	Min. 3 gymnasts, no max. Mixed abilities.	Min. 3 gymnasts, no max. Mixed abilities.	Min. 1 pair and 1 group + 1 other, max. 2 groups and 3 pairs.					

Please note: Some categories/levels may be combined if entries are low.

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Ability Levels

We would like to encourage competitors to enter the correct ability level to ensure British Vets is a fair and enjoyable competition for you all. The Competition Organisers retain the right to move a gymnast into the correct ability level whilst the competition is in progress if it is felt they are competing skills above what is expected for that ability level.

Novice - Men's Artistic, Trampoline and Tumbling

For people new to this fantastic sport, or for those who have never competed above COUNTY level.

Pro – Men's Artistic, Trampoline and Tumbling

For people who have previously competed at **REGIONAL** level or above and enjoy showing off the skills they can perform, or for anyone who is able to fulfil the requirements at this level.

Novice – Women's Artistic

For people new to this fantastic sport, or for those who have never competed above CLUB level.

Intermediate - Women's Artistic Over 18s and Over 30s only

For people who would like to challenge themselves further than Novice level, or for those who have never competed above COUNTY level.

Pro – Women's Artistic

For people who have previously competed at **REGIONAL** level or above and enjoy showing off the skills they can perform, or for anyone who is able to fulfil the requirements at this level.

Eligibility

- All competitors must be a member of British Gymnastics or Scottish Gymnastics and must have a minimum of Bronze membership
- Students who compete in BUCS/university competitions are eligible to compete in British Vets as these competitions are not British Gymnastics events
- Novice competitors must have retired from competition for at least one year
- Intermediate competitors (Women's Artistic only) must have retired from County competitions for at least one year
- Pro competitors must have retired for:
 - Two years from International/National competition
 - One year from Regional (or above) competition/any competition with an NDP pathway
 - One year from Regional D (or above) Trampoline competition

Please note: Eligibility of medal winners will be checked post-event against these set criteria.

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Coach Requirements

Competitors, no matter what age or level, **must** have a coach present. This does not need to be their own coach, however prior to the event the coach **must** have a good understanding of the competitors competency. The coach must:

- Be <u>appropriately qualified</u> for the skills being performed (minimum BG Level 2 in the correct discipline)
- Be present during each performance on every piece of apparatus

Attire

Competitors and coaches must adhere to the following:

- Wear appropriate clothing ie. Not too loose as to constitute a hazard
- Buckles and clasps must not be worn
- Long hair should be tied back at all times
- Bare feet or gymnastics slippers only when competing
- Socks or gymnastics slippers must be worn when performing on a trampoline
- Glasses can be worn but it is recommended that contact lenses or glasses with flexible frames and straps are worn instead
- Jewellery must not be worn
- Body jewellery must not be worn
- Acrobatic competitors should wear identical or complimentary attire

Non-British Competitors and Guests

Participation in all British Gymnastics events is subject to the requirements of membership, club/regional registration and other conditions of entry highlighted within this document. In addition, the following regulations concerning Nationality are applicable to all British Gymnastics events:

Only British citizens are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be British citizens in order for that team, group or partnership to be ranked in the official competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), non-British citizens may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests or Hors Concours.

Gymnasts holding dual citizenship are only eligible to receive a ranking in the official results (either as an individual or as part of a team, group or partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

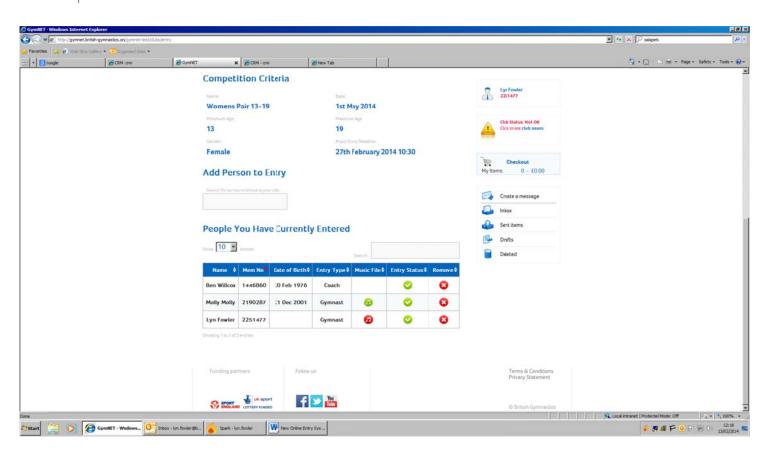
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Non-British citizens who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official competition results.

Music

Women's Artistic and Acrobatic Gymnasts must follow the below process within the online entry portal for uploading music:

- When you have inputted your entry you will see this icon •
- Click on the icon and in this screen you can upload your competition music. You can upload a music file as long as it is one of these formats: MP3, M4A, OGG, WMA, WAV or FLAC.
- After uploading a music file please confirm it is correct by using the play button to listen to the uploaded version. A file can be changed as many times as you like as long as the deadline for music upload has not passed.
- When you have completed uploading your music the icon becomes green indicating the music upload is OK.



British Vets 2014 T-Shirts

Event t-shirts will be available to purchase in advance via the online entry system.

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Social

This year's social event will take place following the competition, on Saturday evening.

Please note: The social event is for coaches, competitors and spectators and will be dependent on numbers. There will be a small additional cost to attend.

2014 Pat English Trophy

Pat was an inspiration as both a coach and competitor; right up to the day he died. He amazed everyone when performing a front somersault in his routine, especially when in his 60s. He was so kind, and always willing to help fellow competitors.

The Pat English Trophy is awarded to a competitor, coach or official who shows great sportsmanship; supporting fellow competitors and spreading infectious spirit throughout the competition.

If you wish to submit a nomination, please use the form below and email to events@british-gymnastics.org by 26th September.

2014 Pat English Trophy Nomination Form								
I would like to nominate: (enter name of nominee)								
Your name:								
Your club:								
I am nominating (enter name of nominee) because:								
Profile Information Form This is optional, but if you would like to tell us more about yourself then please complete the below details: Name:								
Email/Tel:								
Previous level of competition:								
Date of last competition:								
Profile (a short note about yourself):	British							

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